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WS

**INDUSTRY STANDARD OF THE
PEOPLE'S REPUBLIC OF CHINA**

WS/T 868-2025

**Appropriate range of body mass index and body weight
management standards for the oldest old
(English Translation)**

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What this standard covers

This standard provides guidance on the appropriate range of body mass index (BMI) and weight management for elderly individuals. This standard applies to professionals in medical and health institutions at all levels and integrated medical and elderly care service institutions conducting BMI assessments and weight management for elderly individuals.

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