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INDUSTRY STANDARD OF THE PEOPLE'S REPUBLIC OF CHINA

WS/T 427-2013

Nutritional risk screening

临床营养风险筛查

(English Translation)

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Foreword

This standard was drafted in accordance with the rules given in GB/T 1.1-2009.

This standard was drafted. Chinese Academy of Medical Sciences Beijing Union Medical College Hospital, Shanghai Sixth Hospital, Third Military Medical University Affiliated Xinqiao Hospital, China Information Institute of Academy of Medical Sciences and Fuwai Hospital of Chinese Academy of Medical Sciences.

1 Scope

This standard specifies the purpose of the adult inpatient nutrition risk screening methods, objects and judgments.

This standard is suitable for adult inpatients nutritional risk screening to determine whether there is a nutritional risk.

2 Terms and definitions

The following terms and definitions apply to this document.

Nutritional risk Existing or potential nutrition-related causes of adverse clinical outcomes in patients (such as infection-related complications increased, hospitalized Prolongation, increase in hospitalization costs, etc.).

Nutritional support Enteral or parenteral routes, the use of specially prepared nutritional preparations, to provide patients with appropriate energy and more comprehensive nutrient

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processes.

3.1 Applicable object

Meet the following conditions, namely. age 18 years old to 90 years old, hospitalized overnight, admitted to the next day before 8 o'clock without emergency surgery, conscious, willing Adult hospitalized patients undergoing screening.

3.2 Screening methods

The use of the European Society of Parenteral Enteral Nutrition and Chinese Medical Association of parenteral nutrition recommended nutrition risk screening 2002 (Nutri-tional Rapid Screening.2002, NRS-2002).

3.3 Screening time

Appropriate subjects within 24 hours after admission for clinical nutrition risk screening. The first screening for patients without nutritional risk, if hospitalized for more than a week, a nutritional risk screening may be conducted again one week after admission.

3.4 Implementation staff

Trained supervisors, nutritionists and nurses. Training includes screening procedures, methods, score content, standards, the results of the sentence Set and handle.

3.5 Screening of the notification

Before screening subjects should be briefed on the purpose and content of screening to obtain their informed consent.

3.6 Clinical nutrition risk screening record sheet

See Appendix A.

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