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WS

**INDUSTRY STANDARD OF THE
PEOPLE'S REPUBLIC OF CHINA**

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Replacing WS/T 101-1998

**Hygienic requirements for sport load in physical exercise of
primary and middle school students
(English Translation)**

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What this standard covers

This standard specifies the hygienic requirements, monitoring indicators and methods, evaluation methods and management specifications for physical exercise load of primary and secondary school students. This standard applies to physical education classes and extracurricular sports activities that healthy students in ordinary primary and secondary schools can engage in various physical exercise activities. Secondary vocational and technical schools can refer to this implementation. The exercise load of students' physical exercise outside school can be implemented according to this.

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