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**NATIONAL STANDARD OF THE
PEOPLE'S REPUBLIC OF CHINA**

GB/Z 40902-2021

**Specification for operation technologies of traditional Chinese
medicineDermatologyMedicated bath of Chinese materia
medica**

中医技术操作规范 皮肤科 中药药浴

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Foreword

This document is in accordance with GB/T 1.1-2020 "Guidelines for Standardization Part 1. Structure and Drafting Rules of Standardization Documents". To be drafted. Please note that some of the contents of this document may involve patents. The issuing agency of this document is not responsible for identifying patents. This document was proposed by the State Administration of Traditional Chinese Medicine. This document is under the jurisdiction of the National Standardization Technical Committee of Traditional Chinese Medicine (SAC/TC478). This document was drafted by: Wuhan Hospital of Integrated Traditional Chinese and Western Medicine, Chinese Association of Chinese Medicine, Second Affiliated Hospital of Hunan University of Traditional Chinese Medicine, Jiangxi Chinese Medicine The Second Affiliated Hospital of Medical University, Shenyang Hospital of Integrated Traditional Chinese and Western Medicine, Beijing Hospital of Traditional Chinese Medicine Affiliated to Capital Medical University, Guangdong Provincial Hospital of Traditional Chinese Medicine. The main drafters of this document. Duan Yiqun, Li Kai, Zhou Xiaoyong, Su Xiangfei, Yang Zhibo, Liu Qiao, Fan Ruiqiang, Chen Qingyan, Zhou Dongmei. Traditional Chinese Medicine Technical Operation Specification

1 Scope

GB/Z 40902-2021 is the Chinese national standard on specification for operation technologies of traditional chinese medicinedermatologymedicated bath of chinese materia medica, in the field of health care technology. The /Z suffix marks it as a guiding technical document: it does not prescribe requirements that can be certified against, but sets out the technique, the method or the state of the art that the standards bodies recommend following. It was issued on 26 November 2021 by the State Administration for Market Regulation; Standardization Administration of China. As a guiding technical document it carries no separate date of entry into force: it applies from publication. Classification: ICS 11.020, CCS C04. This page is published from the official record of the standard held by the Chinese standards administration: the identification, the dates, the classification and the

issuing body are taken from there. The clause text, the tables and the numeric limits are in the document itself, which is delivered complete in English translation.

This document specifies the outline of traditional Chinese medicinal baths, local medicinal baths, systemic medicinal baths, precautions and contraindications. This document is applicable to the technical operation of Chinese herbal medicine bath.

2 Normative references

There are no normative references in this document.

3 Terms and definitions

The following terms and definitions apply to this document.

3.1 Chinese medicine bath medicated bath of Chinese materia medica According to the theory of traditional Chinese medicine, the prescription is selected, the medicine is made into Chinese medicine liquid or the medicine is crushed and wrapped with gauze, and then according to the condition Choose a suitable temperature to dilute the body or part of a treatment for bathing.

3.2 Liquid medicine of Chinese materia medica It is a liquid dosage form for decoction of decoction pieces or rough ends of medicinal materials in water, removing slag and extracting juice.

4 Overview

4.1 Chinese medicinal baths include. local medicated baths and systemic medicated baths.

4.2 The local medicated bath is used for patients with rashes on the extremities and buttocks.

4.3 The whole body medicated bath is used for patients with multiple parts of the body rash.

5 Local medicated bath

5.1 The equipment and supplies mainly include: traditional Chinese medicine liquid, bathing utensils (basin or barrel), and disposable bathing set.

5.2 The operation steps of local medicated bath are as follows:

---Check the name, medication, and ask about the patient's food intake, past history, etc.;

---Clean bathing utensils (baths or buckets) and put on disposable bathing sets;

---According to the doctor's advice, prepare the traditional Chinese medicine liquid, add warm water to 1/2~2/3 of the bath set (basin or bucket); choose according to different diseases and skin rashes Select the water temperature, the water temperature is

35°C~42°C;

---Local medicated bath takes 15min~20min for 1 time, 1 time~2 times a day;

---After the local medicated bath is over, there is no need to rinse with water, just dry the skin;

---Pour out the Chinese medicine liquid, take off the disposable bath set, and clean the bath set (basin or bucket).