

ICS 11.020
CCS C04



**NATIONAL STANDARD OF THE
PEOPLE'S REPUBLIC OF CHINA**

GB/Z 40893.5-2021

**Specification for operation technologies of traditional Chinese
medicine - Pediatrics - Part 5: Cupping therapy**

中医技术操作规范 儿科 第5部分：小儿拔罐疗法

Issued on: November 26, 2021

Implemented on: November 26, 2021

**Issued by: State Administration for Market Regulation;
Standardization Administration of China**

Table of Contents

- 1 Scope
- 2 Normative references
- 3 Terms and definitions
- 4 Triangular Needle
 - 4.1 Preparation before operation
 - 4.2 Procedure
 - 4.3 Postoperative treatment
- 5 Cupping
- 7 Skin Needle
- 9 Reference

Foreword

This document is in accordance with the provisions of GB/T 1.1-2020 "Guidelines for Standardization Work Part

1. Structure and Drafting Rules of Standardization Documents" Drafting. This document is the fifth part of GB /Z 40893 "Technical Practice of Traditional Chinese Medicine Pediatrics". GB /Z 40893 "Traditional Chinese Medicine Technical Operation Specification Pediatrics has released the following sections.

1. Internal medicine and administration methods for children;

2. Commonly used external therapy in children;

3. Pediatric acupuncture and moxibustion therapy;

4. Pediatric massage therapy;

5. Pediatric cupping therapy;

6. Children's lighting method. Please note that some of the contents of this document may involve patents. The issuing agency of this document is not responsible for identifying patents. This document was proposed by the State Administration of Traditional Chinese Medicine. This document is under the jurisdiction of the National Standardization Technical Committee of Traditional Chinese Medicine (SAC/TC478). Drafting organizations of this document. Nanjing University of Traditional Chinese Medicine, Chinese Society of Traditional Chinese Medicine, Yancheng Hospital of Traditional Chinese Medicine. The main drafters of this document. Han Xinmin, Wang Shouchuan, Chen Zhengguang, Dai Qigang,

Xu Shan, Wang Mingming, Zhao Xia, Li Jiangquan, Su Xiangfei, Xu Ling, Yang Jiang, Yin Dongqi, Li Nan, Wang Lei.

The technical operation of TCM pediatrics covers a lot of content. In order to meet the urgent clinical needs, it is also the need for the modernization and internationalization of TCM pediatrics. To guide clinical practice with standardization and standardization, after multiple rounds of demonstration and research, select the treatment and operation techniques that have the characteristics of traditional Chinese medicine and commonly used in pediatrics. According to the form and characteristics of technical operation, it is divided into 6 parts. GB /Z 40893 "Traditional Chinese Medicine Technical Code of Practice for Pediatrics" involves Chinese medicine children The technical methods commonly used in clinical medicine mainly include the following 6 parts.

- 1.Internal medicine and administration methods for children;
- 2.Commonly used external therapy in children;
- 3.Pediatric acupuncture and moxibustion therapy;
- 4.Pediatric massage therapy;
- 5.Pediatric cupping therapy;

1 Scope

GB/Z 40893.5-2021 is the Chinese national standard on specification for operation technologies of traditional chinese medicine - pediatrics - part 5: cupping therapy, in the field of health care technology. The /Z suffix marks it as a guiding technical document: it does not prescribe requirements that can be certified against, but sets out the technique, the method or the state of the art that the standards bodies recommend following. It was issued on 26 November 2021 by the State Administration for Market Regulation; Standardization Administration of China. As a guiding technical document it carries no separate date of entry into force: it applies from publication. Classification: ICS 11.020, CCS C04. This page is published from the official record of the standard held by the Chinese standards administration: the identification, the dates, the classification and the issuing body are taken from there. The clause text, the tables and the numeric limits are in the document itself, which is delivered complete in English translation.

This document specifies the operating steps and requirements of cupping therapy in children, and gives precautions and contraindications. This document is applicable to the technical operation of cupping therapy in children.

2 Normative references

The content of the following documents constitutes an indispensable clause of this document through normative references in the text. Among them, dated quotations Only the

version corresponding to the date is applicable to this document; for undated reference documents, the latest version (including all amendments) is applicable to This document.

GB/T 21709.4 Acupuncture Technical Code of Practice Part

3 Terms and definitions

The following terms and definitions apply to this document.

3.1 Cupping Using the tank as a tool, using methods such as combustion, suction, steam, etc. to create a negative pressure in the tank, so that the tank can be It is an external treatment method that produces benign stimuli to adjust body functions and prevent and treat diseases.

3.2 Cupping firecupping An appliance used for cupping by burning the air in the can to create a negative pressure.

3.3 Jug liquidcupping Utilizing the principle of air expansion, it is an appliance used for cupping by steam, boiling, etc. to create negative pressure.

3.4 Suctioncupping It is composed of a special pot and a set of air suction device, which is used for cupping with a negative pressure caused by air suction.

3.5 Needle-cupping Acupuncture combined with cupping therapy.

4 Triangular Needle

GB/T 21709.5 Acupuncture Technical Operation Specification Part

5 Cupping

GB/T 21709.7 Acupuncture Technical Operation Specification Part