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**NATIONAL STANDARD OF THE
PEOPLE'S REPUBLIC OF CHINA**

GB/Z 40893.2-2021

**Specification for operation technologies of traditional Chinese
medicine - Pediatrics - Part 2: Common external treatments**

中医技术规范 儿科 第2部分：小儿常用外治法

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Foreword

This document is in accordance with the provisions of GB/T 1.1-2020 "Guidelines for Standardization Work Part

1. Structure and Drafting Rules of Standardization Documents" Drafting. This document is the second part of GB /Z 40893 "Technical Practice of Traditional Chinese Medicine Pediatrics". GB /Z 40893 has released the following part.

1. Internal medicine and administration methods for children;

2. Commonly used external therapy in children;

3. Pediatric acupuncture and moxibustion therapy;

4. Pediatric massage therapy;

5. Pediatric cupping therapy;

6. Children's lighting method. Please note that some of the contents of this document may involve patents. The issuing agency of this document is not responsible for identifying patents. This document was proposed by the State Administration of Traditional Chinese Medicine. This document is under the jurisdiction of the National Standardization Technical Committee of Traditional Chinese Medicine (SAC/TC478). Drafting organizations of this document. Nanjing University of Traditional Chinese Medicine, Chinese Society of Traditional Chinese Medicine, Yancheng Hospital of Traditional Chinese Medicine. The main drafters of this document. Wang Mingming, Wang Shouchuan, Chen Zhengguang, Dai Qigang, Xu Shan, Zhao Xia, Li Jiangquan, Han Xinmin, Su Xiangfei, Xu Ling, Ma Bingxiang, Hou Jianghong, Zhi Dongli, Wang Lei.

The technical operation of TCM pediatrics covers a lot of content. In order to meet the urgent clinical needs, it is also the need for the modernization and internationalization of TCM pediatrics. To guide clinical practice with standardization and standardization, after multiple rounds of demonstration and research, select the treatment and operation techniques that have the characteristics of traditional Chinese medicine and commonly used in pediatrics. According to the form and characteristics of technical operation, it is divided into 6 parts. GB/T 40893 "Pediatrics of Technical Operating Norms of Traditional Chinese Medicine" refers to children of Chinese medicine. The technical methods commonly used in clinical medicine mainly include the following 6 parts.

1. Internal medicine and administration methods for children;

2. Commonly used external therapy in children;

3. Pediatric acupuncture and moxibustion therapy;

4. Pediatric massage therapy;

5. Pediatric cupping therapy;

1 Scope

GB/Z 40893.2-2021 is the Chinese national standard on specification for operation technologies of traditional Chinese medicine - pediatrics - part 2: common external treatments, in the field of health care technology. The /Z suffix marks it as a guiding technical document: it does not prescribe requirements that can be certified against, but sets out the technique, the method or the state of the art that the standards bodies recommend following. It was issued on 26 November 2021 by the State Administration for Market Regulation; Standardization Administration of China. As a guiding technical document it carries no separate date of entry into force: it applies from publication. Classification: ICS 11.020, CCS C04. This page is published from the official record of the standard held by the Chinese standards administration: the identification, the dates, the classification and the issuing body are taken from there. The clause text, the tables and the numeric limits are in the document itself, which is delivered complete in English translation.

This document specifies pediatric steam and aerosol inhalation method, fumigation and washing method, coating method, bag method, hot ironing method, application method, wiping method, scraping method, medicine. The operation steps and requirements of bag therapy, and the precautions and contraindications are given. This document is applicable to children's steam and aerosol inhalation method, fumigation and washing method, coating method, bag method, hot ironing method, application method, wiping method, scraping method, medicine. Bag therapy technique operation.

2 Normative references

There are no normative references in this document.

3 Terms and definitions

The following terms and definitions apply to this document.

3.1 Steam-inhaling therapy The use of steam generating equipment to heat the liquid medicine to produce steam, which is inhaled by the mouth and nose of the child.

3.2 Aerosol-inhaling therapy The treatment method of using a nebulizer to atomize the liquid medicine and inhaling it from the mouth and nose of the child.

3.3 Fumigation-washing therapy The treatment method uses the steam fumigation of the traditional Chinese medicine liquid and the liquid medicine to wash the body surface.

3.4 Smearing therapy A treatment method in which medicine is made into liquid or paste and applied to the body surface.

3.5 Wrapping therapy A topical treatment method in which the medicine is placed on the

skin part and bandaged.

3.6 Hotmedicinalcompresstherapy Fry the medicine and wrap it in a cloth bag, or put the Chinese medicine and green salt in a cloth bag and heat it in a microwave oven, and then use a hot medicine bag The treatment method of ironing the body surface.

3.7 Application therapy The treatment is to make the medicine into ointment, medicated cake, or powder to sprinkle on common plaster, and apply it to the body surface.

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