

ICS 11.020
CCS C 04



**NATIONAL STANDARD OF THE
PEOPLE'S REPUBLIC OF CHINA**

GB/Z 40668-2021

**Specification for operation technologies of traditional Chinese
medicineDermatologyFacial mask of Chinese materia medica**

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Issued on: October 11, 2021

Implemented on: October 11, 2021

**Issued by: State Administration for Market Regulation;
Standardization Administration of China**

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Foreword

This document is in accordance with GB/T 1.1-2020 "Guidelines for Standardization Part

1. Structure and Drafting Rules of Standardization Documents". To be drafted. Please note that some of the contents of this document may involve patents. The issuing agency of this document is not responsible for identifying patents. This document was proposed by the State Administration of Traditional Chinese Medicine. This document is under the jurisdiction of the National Standardization Technical Committee of Traditional Chinese Medicine (SAC/TC478). This document was drafted by: Wuhan Hospital of Integrated Traditional Chinese and Western Medicine, Chinese Association of Chinese Medicine,

Second Affiliated Hospital of Hunan University of Traditional Chinese Medicine, Jiangxi Chinese Medicine The Second Affiliated Hospital of Medical University, Shenyang Hospital of Integrated Traditional Chinese and Western Medicine, Beijing Hospital of Traditional Chinese Medicine Affiliated to Capital Medical University, Guangdong Provincial Hospital of Traditional Chinese Medicine. The main drafters of this document. Duan Yiqun, Li Kai, Zhou Xiaoyong, Su Xiangfei, Yang Zhibo, Liu Qiao, Fan Ruiqiang, Chen Qingyan, Zhou Dongmei. Traditional Chinese Medicine Technical Operation Specification Dermatology Traditional Chinese Medicine Mask

1 Scope

GB/Z 40668-2021 is the Chinese national standard on specification for operation technologies of traditional chinese medicinedermatologyfacial mask of chinese materia medica, in the field of health care technology. The /Z suffix marks it as a guiding technical document: it does not prescribe requirements that can be certified against, but sets out the technique, the method or the state of the art that the standards bodies recommend following. It was issued on 11 October 2021 by the State Administration for Market Regulation; Standardization Administration of China. As a guiding technical document it carries no separate date of entry into force: it applies from publication. Classification: ICS 11.020, CCS C 04. This page is published from the official record of the standard held by the Chinese standards administration: the identification, the dates, the classification and the issuing body are taken from there. The clause text, the tables and the numeric limits are in the document itself, which is delivered complete in English translation.

This document specifies the preparation and operation steps, precautions and contraindications for the operation of traditional Chinese medicine mask. This document is applicable to the technical operation of traditional Chinese medicine masks.

2 Normative references

The content of the following documents constitutes an indispensable clause of this document through normative references in the text. Among them, dated quotations Only the version corresponding to the date is applicable to this document; for undated reference documents, the latest version (including all amendments) is applicable to This document.

GB/T 12346-2006 The name and location of acupoints

3 Terms and definitions

The following terms and definitions apply to this document.

3.1 FacialmaskofChinesemateriamedica According to the theory of traditional Chinese medicine, apply traditional Chinese medicine paste to the face, and then use plaster of Paris to adjust the water and evenly pour it on the face to form. Plaster heat effect to

enhance the absorption of traditional Chinese medicine external treatment.

4 Preparation before operation

4.1 Therapeutic equipment and supplies Ion spray machine, hand sanitizer, hand sanitizing gel, medical mask, towel, 1% promethazine, absorbent cotton, acne squeezer, plaster powder, cleansing Water, traditional Chinese medicine paste.

4.2 Drugs Choose traditional Chinese medicine paste for the dosage form. See Appendix A for drug selection and drug configuration.

4.3 Position The patient chooses a supine position.

4.4 Acupuncture points Perform facial acupoint massage in front of the traditional Chinese medicine plaster mask. The acupoint positioning should meet the requirements of GB/T 12346-2006.

4.5 Environment The environment should be clean and hygienic to avoid pollution.