

ICS 97.220
CCS Y 55



**NATIONAL STANDARD OF THE
PEOPLE'S REPUBLIC OF CHINA**

GB/T 46868-2025

Age-friendly gymnasiums and stadiums - General requirements

健身运动场所适老化 通用要求

Issued on: December 31, 2025

Implemented on: April 1, 2026

**Issued by: State Administration for Market Regulation;
Standardization Administration of the PRC**

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Foreword

This document complies with the provisions of GB/T 1.1-2020 "Standardization Work Guidelines Part

1.Structure and Drafting Rules of Standardization Documents". Drafting. Please note that some content in this document may involve patents. The issuing organization of this document assumes no responsibility for identifying patents. This document was proposed by the General Administration of Sport of China. This document is under the jurisdiction of the National Technical Committee on Sports Standardization (SAC/TC456). This document was drafted by: the General Administration of Sport of China, Beijing Guoti Century Quality Certification Center Co., Ltd., and China Sports Industry Group Co., Ltd. Company, Beijing Zhongti Quality Certification Service Co., Ltd., Xiamen Qunxin Machinery Industry Co., Ltd., Beijing Huan United Certification and Testing Center Co., Ltd. Company, Wuhan Haokang Sports Industry Development Co., Ltd., Shandong Taishan Sports Equipment Co., Ltd., Shuhua Sports Co., Ltd., Shenzhen Good Family Health Technology Co., Ltd., Hebei Provincial Institute of Product Quality Supervision and Inspection, Jiangsu Jiewei Sports Facilities Co., Ltd., Shangti Health Technology (Shanghai) Limited Liability Company, Qingdao Sanbaishuo Health Technology Co., Ltd., Guangzhou Urban Planning Survey and Design Institute Co., Ltd., Cangzhou Xinlong Education Learning Equipment Manufacturing Co., Ltd., Xiamen Kanglejia Sports Equipment Co., Ltd., Shandong Century Star Sports Equipment Co., Ltd., Shandong Donghai Group Group Co., Ltd., East China Architectural Design & Research Institute Co., Ltd., Hebei Yingliao Sporting Goods Co., Ltd., Shandong Jinuoer Sporting Goods Co., Ltd. The company, Hebei Kangaoda Sporting Goods Co., Ltd., and Hebei Welter Sporting Goods Co., Ltd. The main drafters of this document are. Shan Tie, Pan Shihua, Zhao Yingkui, Cai Yuanjue, Xu Boya, Li Shuang, Jiang Jie, Zhang Rongxuan, Chen Yongqian, and Huang Jiayun. Bian Zhiyong, Cheng Zhihua, Zhang Zhuo, Qin Yunpeng, He Junwei, Xu Min, Li Tao, Yan Yongtao, Li Yazhou, Li Zhigang, Hou Yanfeng,

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1 Scope

GB/T 46868-2025 is the Chinese national standard covering making a sports facility usable by older people - the approach and entrance, the changing rooms and their seating and grab rails, the flooring and lighting, the equipment suitable for older bodies and the staff able to supervise it. First edition, under the General Administration of Sport, and part of the same age-friendliness push as the metro, app and government service standards of this period. It was issued on 31 December 2025 and has been in force since 1 April 2026, as a first edition. The document is under the responsibility of the General Administration of Sport of China. This page is published from the official record of the 2025 edition; the clause text of a standard this recent is not yet in circulation, and the figures, limits and tables it contains are those of the document itself, delivered in full with the English translation.

This document establishes the general principles for age-friendly fitness venues, and stipulates the venue facilities, fitness equipment, services, and management of fitness venues. Requirements for age-appropriate care, etc. This document applies to the construction, service, and management of fitness and exercise venues suitable for the elderly.

2 Normative references

The contents of the following documents, through normative references within the text, constitute essential provisions of this document. Dated citations are not included. For references to documents, only the version corresponding to that date applies to this document; for undated references, the latest version (including all amendments) applies. This document.

GB/T 34289 Safety signs and labels for fitness equipment and fitness facilities

GB/T 34290-2017 Configuration and Management of Outdoor Fitness Facilities in Public Sports Facilities

GB/T 44691 Requirements for Indoor Exercise and Health Facilities for the Elderly

GB/T 44700 General Requirements for National Physical Fitness Testing Equipment

GB/T 45180 General Requirements for Age-Friendly Fitness Equipment

GB 50763-2012 Barrier-free Design Standard

GB 55019-2021 General Specification for Barrier-Free Construction of Buildings and Municipal Engineering JG/T 191 Technical Requirements for Sports Facilities in Urban Communities

3 Terms and Definitions

The following terms and definitions apply to this document.

3.1 elderly people; the aged Citizens aged 60 and above. [Source: GB/T 24433-2009, 3.1, with modifications]

3.2 Age-friendly Improve or upgrade products, services, facilities, and the environment to enhance their age-friendliness, adapting to older adults' needs for reduced safety risks and improved living standards. It is a process of improving physical and mental health, enhancing the convenience and comfort of life. [Source: GB/T 45117-2024, 3.1.1]

3.3 gymnasium and stadium Various sports venues (halls) that meet the needs and abilities of elderly people to carry out fitness activities safely, conveniently and comfortably.

4 General Principles

4.1 The construction, service, and management of fitness venues shall adhere to the following principles.