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**NATIONAL STANDARD OF THE
PEOPLE'S REPUBLIC OF CHINA**

GB/T 46401-2025

**Guidelines for care of the elderly with cognitive impairment in
senior care organization**

养老机构认知障碍老年人照护指南

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Foreword

This document complies with the provisions of GB/T 1.1-2020 "Standardization Work Guidelines Part

1.Structure and Drafting Rules of Standardization Documents". Drafting. Please note that some content in this document may involve patents. The issuing organization of this

document assumes no responsibility for identifying patents. This document was proposed by the Ministry of Civil Affairs of the People's Republic of China. This document is under the jurisdiction of the National Technical Committee on Standardization of Social Welfare Services (SAC/TC315). This document was drafted by: Guangzhou Municipal Nursing Home, Social Welfare Center of the Ministry of Civil Affairs, Guangdong Provincial Department of Civil Affairs, Guangzhou Municipal Bureau of Civil Affairs, and Guangzhou South China Municipal Government. Medical and Elderly Care Integration Research Institute, Hong Kong Sheng Kung Hui Welfare Association, Guangdong Provincial Institute of Standardization, Guangzhou Municipal Civil Affairs Science and Technology Collaborative Innovation Center, Hebei Puai Elderly care service company, Beijing Cuncao Chunhui Elderly Care Service Management Co., Ltd. The main drafters of this document are. Su Pei, Zhen Bingliang, Yan Shenghong, Chang Guangcai, Guan Jiejun, Fang Xia, Chen Xi, Xuan Li, Li Haiyuan, and Gao Xinxia. Chen Qiulei, Xie Jiayu, Zhang Yankun, Li Le, Gao Jun, Chen Meiyue, Yao Lishan, Deng Ruowen, Wang Juan, Zheng Sihuan, Gao Yaxuan, Wang Xiaolong. Guidelines for the Care of Elderly People with Cognitive Impairment in Nursing Homes

1 Scope

GB/T 46401-2025 is the Chinese national standard covering caring for residents with dementia - the assessment on admission and its repetition, the environment and the wayfinding that reduce distress, the daily routine and the activities, the handling of wandering and of agitation, and the staff training behind all of it. First edition, under the Ministry of Civil Affairs, and already in force. Issued on 5 October 2025, it has been in force since 5 October 2025.

This document establishes the principles for the care of elderly people with cognitive impairment in nursing homes, and outlines the guarantees, content, and procedures for care services. Guidelines. This document applies to elderly care institutions providing care services for seniors with cognitive impairment.

2 Normative references

The contents of the following documents, through normative references within the text, constitute essential provisions of this document. Dated citations are not included. For references to documents, only the version corresponding to that date applies to this document; for undated references, the latest version (including all amendments) applies. This document.

GB/T 44714-2024 Guidelines for Setting Up Cognitive Impairment-Friendly Environments in Elderly Care Institutions
MZ/T 171 Standard Operating Procedures for Daily Living Care in Elderly Care Institutions
MZ/T 205 Standard for Rehabilitation Services in Elderly Care Institutions
WS/T 556 Dietary Guidelines for the Elderly

3 Terms and Definitions

The following terms and definitions apply to this document.

3.1 cognition The human brain receives external information, processes it, and transforms it into internal psychological activities, thereby acquiring or applying knowledge.

Note. Cognition includes learning and memory, language, executive function, complex attention, perceptual-motor function, and social cognitive function.

3.2 Cognitive impairment One or more cognitive domains are impaired or experience functional decline. [Source: GB/T 44714-2024, 3.1]

3.3 Cognitive impairment refers to the impairments in perception, thought content, mood, and behavior experienced by older adults.

Note. Psychiatric symptoms include anxiety, depression, verbal or physical aggression, wandering, repetitive speech, screaming, sleep disturbances, delusions, and hallucinations.

4 Care Principles

4.1 Respect and Understanding Respect the lifestyle, personality, outlook on life, and values of elderly people with cognitive impairment; understand their feelings and behaviors; and pay attention to their physiological and psychological needs. We request that their rights to autonomy and privacy be protected during the care process, and that their dignity and sense of value be upheld.