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Jump rope

跳绳

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Foreword

This document is in accordance with the provisions of GB/T 1.1-2020 "Guidelines for standardization work Part 1: Structure and drafting rules for standardization documents" Drafting.

Please note that some of the contents of this document may involve patents. The issuing organization of this document does not assume the responsibility for identifying patents.

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This document was drafted by: Shanghai Yuedong Culture and Technology Co., Ltd., Shanghai Kuangshen Sports Culture Development Co., Ltd., China Sporting Goods Industry Federation, Xingfeng Technology (Shenzhen) Co., Ltd., General Body Intelligence Health Technology (Beijing) Co., Ltd., Hebei Product Quality Supervision and Inspection Research Institute, Shanghai Rhenium Strontium Information Technology Co., Ltd., Shanxi Xinhe Industrial Co., Ltd., Yiwu Angtuo Sports Goods Co., Ltd., Shanghai Shuttlecock Ball Rope Skipping Association, Hebei Jinyujia Sports Technology Co., Ltd., Shenzhen Hengkang Jiaye Technology Co., Ltd., Guangzhou Huaxia Huihai Technology Co., Ltd.

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The main drafters of this document are: Zhao Qisan, Sun Changtao, Li Huanyu, Xie Changlei, Zhang Rongxin, Ye Muyu, Lu Dalong, Yu Jie, Wang Ruoyang, Pan Lirong, Xu Teng, Zhang Liangjun, Wu Ke, Lin Xiaoling, Chen Zhidong, Wang Limin, Wu Jun, Lu Hezhu, Qiu Weihua, Tang Shiwen, Wu Jinlin, Wang Yalong, Sheng Zhifeng, Ma Fangxin, Qiu Jingxue, Li Zhuoqun, and Wang Donghong. jump rope

1 Scope

This document gives the classification and structure of skipping ropes, specifies the requirements, marking, packaging, transportation and storage, and describes the corresponding test methods.

This document applies to the production and inspection of skipping ropes used in teaching, training, fitness, testing, competition, etc.

2 Normative references

GB/T 2423.1

GB/T 2423.2

GB 6675.4

GB/T 22048

3 Terms and definitions

The following terms and definitions apply to this document.

3.1

Equipment for rope skipping exercise.

3.2

A skipping rope (3.1) with no connection between the two handles.

3.3

A skipping rope with data processing and information exchange functions (3.1).

4 Categories

4.1 According to the structure, it can be divided into.

- Skipping rope without handle and skipping rope with handle;
- Rope skipping and ropeless skipping.

4.2 According to the counting method, it is divided into.

- Mechanical counting skipping rope;
- Electronic counting skipping rope (including smart skipping rope).