

ICS 03.080
CCS A 12



**NATIONAL STANDARD OF THE
PEOPLE'S REPUBLIC OF CHINA**

GB/T 45253-2025

**Internet psychological services - General specification for
evaluation services of psychology**

互联网心理服务 心理测评服务通用规范

Issued on: February 28, 2025

Implemented on: February 28, 2025

**Issued by: State Administration for Market Regulation;
Standardization Administration of the PRC**

Table of Contents

Preface	III
1 Scope	1
2 Normative references	1
3 Terms and Definitions	1
4 Service Principles	2
4.1 Scientific and effective	2
4.2 Information Security	2
4.3 Compliance with ethics	2
4.4 Informed Consent	2
5 General Requirements	2
5.1 Service Provider	2
5.2 Service Environment	3
5.3 Evaluators	3
5.4 Psychological Assessment Tools	3
6 Service Process	4
6.1 Overview	4
6.2 Determine the content of service	4
6.3 Signing of Service Agreement	4
6.4 Service Fees	4
6.5 Create an account	5
6.6 Implementation and Evaluation	5
6.7 Feedback Evaluation Results	5
6.8 Save evaluation results	5
7 Service Evaluation and Improvement	6
7.1 General Principles	6
7.2 Service Provider	6
7.3 Evaluators	6
7.4 Service Environment	6
7.5 Evaluation Results	6
Appendix A (Normative) Reliability and Validity of Psychological Assessment Instruments	7
A.1 Reliability of Psychological Assessment Tools	7

A.2 Validity of Psychological Assessment Tools.....	7
Appendix B (Informative) Internet Psychological Assessment Service Agreement Reference Template.....	8
Appendix C (Informative) Assessment Guidelines Reference Template.....	10
Reference	11

Foreword

This document is in accordance with the provisions of GB/T 1.1-2020 "Guidelines for standardization work Part 1: Structure and drafting rules for standardization documents" Drafting.

Please note that some of the contents of this document may involve patents. The issuing organization of this document does not assume the responsibility for identifying patents.

This document is proposed and coordinated by the National Service Standardization Technical Committee (SAC/TC264).

This document was drafted by: Institute of Psychology, Chinese Academy of Sciences, Chinese Psychological Society, China Science Popularization (Beijing) Technology Co., Ltd., Guangzhou People's Health Network Technology Co., Ltd., Beijing Lingdong Life Technology Co., Ltd., Nanjing Xinkang Medical Technology Co., Ltd., Witret Technology Co., Ltd., Beijing Normal University, Fujian Normal University, South China Normal University.

The main drafters of this document are: Gao Wenbin, Fan Chunlei, Tao Ting, Jia Pengbiao, Lu Saigang, Li Guangquan, Li Dayue, Chao Shui, Wu Xinchun, Lian Rong, Chi Yukai.

Internet Psychological Services General Specifications for Psychological Assessment Services

1 Scope

This document defines the service principles of Internet psychological assessment services, and stipulates the overall requirements, service process, service evaluation and improve.

This document applies to psychological service organizations conducting activities related to Internet psychological assessment services.

2 Normative references

GB/T 35273

3 Terms and definitions

The following terms and definitions apply to this document.

3.1 psychological evaluation

A psychological technique that collects data from the person being evaluated (3.3) through questionnaires, interviews, behavioral observations, etc. and evaluates it.

Note. Assess the psychological state, personality traits, psychological ability level, psychological development level, etc. of the person being evaluated.

3.2 Internet evaluation services of psychology

Activities that implement psychological assessment (3.1) through Internet technology to meet customer (3.6) needs.

Note. Internet technology is usually used to build the service environment for psychological assessment services, providing service display, data collection, data analysis, data modeling, and assessment results.

Feedback and other service conditions.

3.3 evaluation participant

Individuals who receive Internet psychological assessment services (3.2).

Note. The person being evaluated may be an independent individual or a part of an organization, and the purpose of the evaluation may be for the individual or for the organization.

3.4 evaluator

A professional service provider who interprets, evaluates and communicates the performance or results of a psychological assessment (3.1) of a person being assessed (3.3).

3.5 Service Provider service provider

Organizations that provide Internet psychological assessment services (3.2).

3.6 Customer

Purchasers who need Internet psychological assessment services (3.2).