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**NATIONAL STANDARD OF THE
PEOPLE'S REPUBLIC OF CHINA**

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**Requirements for indoor exercise and health facilities for older
adults**

老年人室内运动健康设施要求

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Foreword

This document is in accordance with the provisions of GB/T 1.1-2020 "Guidelines for standardization work Part 1: Structure and drafting rules for standardization documents" Drafting is required.

Please note that some of the contents of this document may involve patents. The issuing organization of this document does not assume the responsibility for identifying patents.

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Requirements for indoor sports and health facilities for the elderly

1 Scope

This document provides a classification of indoor exercise and health facilities for the elderly (hereinafter referred to as "facilities"), and stipulates basic requirements, requirements, special requirements, and The summation mark, instructions for use, and test method are described.

This document applies to the design, manufacture and inspection of indoor sports and health facilities for the elderly.

This document does not apply to building facilities for indoor sports and health facilities for the elderly.

2 Normative references

GB/T 1804-2000

GB/T 5296.1

GB/T 5296.7

GB 17498.1

GB 17498.2

GB 17498.5

GB 17498.6-2008

GB 17498.8

GB/T 19851.1-2022

GB 31187

GB/T 31708

3 Terms and definitions

The following terms and definitions apply to this document.

3.1 older adults

People aged 60 years and over.

3.2 indoor exercise and health facilities for older adults

Installed indoors, it provides the elderly with equipment and facilities for fitness exercises and physical fitness testing.