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**NATIONAL STANDARD OF THE
PEOPLE'S REPUBLIC OF CHINA**

GB/T 44098-2024

**Evaluation specification for student's athletic ability of
swimming course**

游泳课程学生运动能力测评规范

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Table of Contents

1 Scope	1
2 Normative references	1
3 Terms and Definitions	1
4. Classification and compliance requirements	2
4.1 Classification	2
4.2 Level Achievement Requirements	2
5 Sports ability assessment	2
1 Assessment	2
5.2 Secondary Assessment	5
3 Assessment	7
4 Assessment	9
5 Assessment	10
13 Reference	15

Foreword

This document is in accordance with the provisions of GB/T 1.1-2020 "Guidelines for standardization work Part

1. Structure and drafting rules for standardization documents" Drafting. Please note that some of the contents of this document may involve patents. The issuing organization of this document does not assume the responsibility for identifying patents. This document is proposed and coordinated by the Ministry of Education of the People's Republic of China. This document was drafted by: China Educational Science Research Institute, Wuhan Institute of Physical Education, Zhongnan University of Economics and Law, Shenzhen Institute of Standards and Technology Institute of Curriculum and Teaching Materials, Wuhan Optics Valley Future School, Second Branch of the High School Affiliated to Renmin University of China, Hunan University of Technology, Beijing Jiaotong University Science and Education Press Co., Ltd. The main drafters of this document are: Yu Sumei, Chen Wei, He Yifan, Zhang Jun, Yu Li, Yin Chengxin, Zhu Na, Niu Chen, Zhang Guangbin, Zhang Ran, Wu Di, Wang Xiaoyan, Du Shengchao, Si Yali, Liu Yanguo, Yang Duoduo, Liang Yiming. Standards for assessing athletic ability of students in swimming courses

1 Scope

GB/T 44098-2024 sets the method for assessing the athletic ability of students taking a

swimming course. It belongs to the Chinese series that grades each school sport on a common six-level ladder, and swimming is the one where the grading carries a consequence beyond the classroom: drowning is a leading cause of accidental death among Chinese children, several provinces have made swimming a compulsory part of schooling, and the levels have to certify competence in water rather than merely progress through a syllabus. The standard sets the classification of the assessment and the attainment requirements for each level, then the conduct of the assessment and the criteria applied at each of levels 1 to 6, from water confidence and basic propulsion through to distance, technique and self-rescue. It took effect on 28 May 2024.

This document specifies the classification and achievement requirements of swimming students' athletic ability levels, and describes the assessment methods for each level. This document is applicable to the assessment of swimming ability of students in primary school, junior high school, high school and university.

2 Normative references

The contents of the following documents constitute the essential clauses of this document through normative references in this document. For referenced documents without a date, only the version corresponding to that date applies to this document; for referenced documents without a date, the latest version (including all amendments) applies to This document.

GB 37489.3 Sanitary code for design of public places Part

3 Terms and definitions

The following terms and definitions apply to this document.

3.1 The comprehensive performance developed by students in swimming courses, training and competitions, which enables them to apply skills such as swimming and rescuing to complete specific tasks.

3.2 Float pronefloat A technique in which a person lies prone on the water surface and uses the buoyancy of the water to keep the body afloat.

3.3 breaststroke The human body lies prone in the water, with the arms straight, parallel to the water surface, and symmetrically performs outward, inward, and forward strokes, while the legs symmetrically perform retracting, turning, kicking, and clamping movements. A swimming style in which the head is raised forward to breathe.

3.4 treadwater The body stands upright in the water, with the legs pushing downward and the arms bent in front of the chest making outward and inward strokes of the water, allowing the body to float in the water.

3.5 crawlstroke A swimming posture in which the human body lies prone in the water, with

the arms paddling and the legs kicking alternately.

3.6 underwater swimming A swimming posture in which the human body swims underwater without breathing.

3.7 inverted breaststroke The human body lies on its back on the water, with the legs symmetrically turning over and kicking, and the arms straightened through the air into the water in front of the shoulders, paddling backward along the sides of the body. Swimming style.