

ICS 03.180
CCS A 18



**NATIONAL STANDARD OF THE
PEOPLE'S REPUBLIC OF CHINA**

GB/T 44096-2024

**Evaluation specification for student's athletic ability of track
and field course**

田径课程学生运动能力测评规范

Issued on: May 28, 2024

Implemented on: May 28, 2024

**Issued by: State Administration for Market Regulation;
Standardization Administration of the PRC**

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Foreword

This document is in accordance with the provisions of GB/T 1.1-2020 "Guidelines for standardization work Part

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1 Scope

GB/T 44096-2024 is the Chinese national standard for evaluating a student's athletic ability in a track and field course, the athletics member of the family of school sport assessment standards issued by the Ministry of Education. Track and field is the base of the Chinese physical education curriculum and the one course almost every student takes, which makes a consistent national scale for it more consequential than for any other sport. The standard sets a six-grade scheme with the attainment requirements for each grade across primary, junior secondary, senior secondary and university levels, and then gives the evaluation for each grade in turn, some forty pages of test items covering the running, jumping and throwing events together with the physical qualities that underlie them, each with its setup, procedure, measurement and scoring. Because the tests are prescribed rather than merely described, and because the attainment tables are national, a grade certified in one school carries the same meaning anywhere in the country. It applies to the evaluation of track and field ability of students at every school and university level.

This document specifies the classification and achievement requirements of athletic ability for students in track and field courses, and describes the evaluation methods for each level. This document is applicable to the assessment of track and field athletic ability of students in primary school, junior high school, high school and university.

2 Normative references

The contents of the following documents constitute the essential clauses of this document through normative references in this document. For referenced documents without a date, only the version corresponding to that date applies to this document; for referenced documents without a date, the latest version (including all amendments) applies to This

document.

GB/T 22517.6 Requirements for the use and inspection methods of sports venues Part

3 Terms and definitions

The following terms and definitions apply to this document.

3.1 The comprehensive performance formed by students in track and field learning, training and competition activities, using the three types of track and field sports events of running, jumping and throwing to complete specific tasks.

3.2 hurdle A short-distance track event in which the athlete runs quickly across a certain number of hurdles of varying heights.

3.3 high jump A field event in which the human body uses the horizontal and vertical speeds generated by the running-up and jumping to make the body fly over a horizontal bar of a certain height.

3.4 long jump After the human body has gained a large horizontal speed through a certain distance of running-up, it uses a quick jump to generate vertical speed, so that the human body can jump into the air. A field event that lands in a sand pit.

3.5 Shot put A field event in which the shot put is held in one hand, placed on the clavicle, and then pushed out from the shoulder through a slide or rotation.

4 Classification and compliance requirements

4.1 Level classification The athletic ability of students in the track and field course is divided into 6 levels, namely level 1, level 2, level 3, level 4, level 5, and level 6. The athletic ability is improved step by step.