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**NATIONAL STANDARD OF THE
PEOPLE'S REPUBLIC OF CHINA**

GB/T 43990-2024

**Evaluation specification for student's athletic ability of skiing
course**

滑雪课程学生运动能力测评规范

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Foreword

This document is in accordance with the provisions of GB/T 1.1-2020 "Guidelines for standardization work Part

1. Structure and drafting rules for standardization documents" Drafting. Please note that some of the contents of this document may involve patents. The issuing organization of this document does not assume the responsibility for identifying patents. This document is proposed and coordinated by the Ministry of Education of the People's Republic of China. This document was drafted by: China Academy of Educational Sciences, Shenyang Sport University, Wuhan Sport University, Curriculum and Teaching Materials Research Institute, People's Government of China The Second Branch of University Affiliated Middle School, Gannan Normal University, Harbin Engineering University, Harbin Institute of Physical Education, Beijing Sport University, Jiamusi University, Zhangjiakou Municipal Sports Bureau. The main drafters of this document are. Yu Sumei, Liu Yuanguo, Chen Wei, Zhang Shibo, Zhang Wei, Jiang Guangqing, Xue Ziheng, Liu Haonan, Zhao Jinru, Zhang Guangbin, Si Yali, Li Wenwu, Huang Hongli, Tan Rui, Li Xiaoping, Qin Jiatong, Wang Wei, Su Genmei, and Wang Jinling. Standards for assessing the athletic ability of students in skiing courses

1 Scope

GB/T 43990-2024 is the Chinese national standard for evaluating a student's athletic ability in a skiing course, part of the Ministry of Education's family of school sport assessment standards and one of the products of the drive to bring three hundred million people into winter sport after the Beijing Olympics. Skiing is taught to Chinese students who in most cases have never stood on snow, and the graded ladder is as much a safety instrument as an assessment one, since a student sent onto a slope beyond their grade is the classic ski injury. The standard sets a six-grade classification with the attainment requirements for each level, and then the assessment for each grade, giving the test items, the terrain and equipment required, the procedure and the scoring, running from the basic stance, walking, gliding and snowplough of the first grades through the turns, traversing and speed control to the parallel turns and varied terrain of the highest. It took effect on 28 May 2024.

This document specifies the classification and achievement requirements of the athletic ability levels of students in skiing courses, and describes the assessment methods for each level. This document is applicable to the assessment of skiing ability of students in primary school, junior high school, high school and university.

Note. The athletic ability assessment standards for students in skiing courses fall within the scope of alpine skiing, which is a sub-item of skiing.

2 Normative references

This document has no normative references.

3 Terms and definitions

The following terms and definitions apply to this document.

3.1 The comprehensive ability of students in skiing training and competition activities to complete specific tasks such as sliding and turning on the snow track wearing ski equipment Performance.

3.2 Falling line The complete route of a ball rolling down a hill without changing its direction. [Source: GB/T 42378-2023, 4.1.11]

3.3 Plow brake braking wedge The snowboard slides in a folded-in-toe shape to slow down or stop the sliding.

Note. The shape of the ski for plow braking is usually wider than that for plow sliding. [Source: GB/T 42378-2023, 10.2.22]

3.4 Snowplowturning Based on the straight plow downhill, the technique of changing direction by moving the center of gravity to one side of the snowboard or increasing the snow-pushing force of one side of the snowboard action. [Source: GB/T 42378-2023, 10.2.24]

3.5 The technical movements in the transition stage from plow turn to double-ski parallel turn.

Note. The turning action starts with plow position and changes to parallel position during the turning process. It has the action content of both plow position turning and parallel turning. [Source: GB/T 42378-2023, 10.2.25]

3.6 Parallel turning A technical move in which the two skis are kept parallel to each other during turning.