



**NATIONAL STANDARD OF THE
PEOPLE'S REPUBLIC OF CHINA**

GB 16740-2014

National Food Safety Standard -- Health foods

食品安全国家标准 保健食品

(English Translation)

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Foreword

This Standard replaced GB 16740-1997 General Standard for Health (Functional) Foods.

Compared with GB 16740-1997, this Standard mainly has the following changes.

- Standard name is changed into National Food Safety Standard. Health foods;
- Modify the scope;
- Modify the terms and definitions;
- Delete product classification;
- Delete basic principle;
- Modify technical requirements;
- Delete test method;
- Modify the requirements of label identification.

National Food Safety Standard. Health foods

1 Scope

This Standard is applicable to various kinds of health foods.

2.1 Health foods

The foods that are claimed to have specific health functions, or for the purpose of supplementing vitamins and minerals. That is, the foods that are applicable to specific groups of people to eat, can regulate the body functions, doesn't aim to cure diseases, and never generate any acute, sub-acute or chronic hazards to human body.

3.1 Raw and auxiliary materials

Raw and auxiliary materials shall conform to the relevant provisions of corresponding food standard.

3.2 Sensory requirements

Sensory requirements shall conform to the provisions of Table 1.

3.3 Physiochemical indicators

Physiochemical indicators shall conform to the provisions of national food safety standard against corresponding kinds of food.

3.4 Limits of contaminants

Limits of contaminants shall conform to the provisions of corresponding kinds of food specified in GB 2762, if there is no corresponding kinds of food, refer to the provisions in Table 2.

3.6 Microbiological limit

Microbiological limit shall conform to the provisions of corresponding kinds of food in GB 29921, and the provisions of national food safety standard against corresponding kinds of food; if there are no provisions of corresponding kinds of food, refer to provisions in Table 3.

4 Others

Label identification shall conform to the relevant provisions.

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